

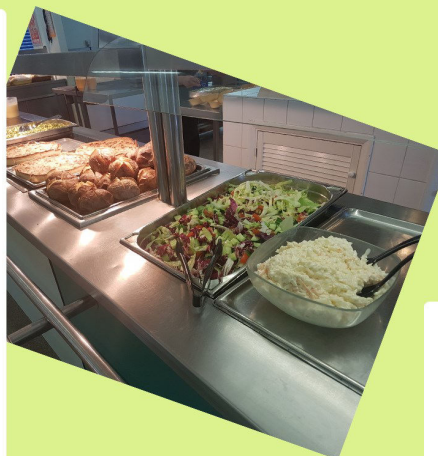


THE OLIVE GROVE



Dear Parents/Carers

Our menus are devised using a healthy and nutritional approach to school food. We use fresh meat straight from our local butcher who delivers to us on the morning it is being prepared and they also supply our sausages and homemade burgers. Our fruit and vegetables are from a local supplier who offer British grown seasonal produce.



ALLERGENS

You will see on our menu we have highlighted the Allergens contained within our meals. Please see the chart below and if you have any queries regarding your child's allergies please do not hesitate to contact us.

WG=Wheat Gluten M=Milk E=Eggs
S=Soya MU=Mustard
SU=Sulphites F=Fish SE=Sesame
C=Celery L=Lupin
P=Peanuts N=Nuts M=Molluscs
CR=Crustaceans

FRESHLY PREPARED

All meals are cooked fresh and on site. Jacket potatoes are available daily with a selection of fillings alongside our Pasta King with a range of sauces. We also have a salad bar, yoghurts and fresh bread available every lunchtime.



*THOUGH NO NUTS ARE USED IN OUR RECIPES
SOME PRODUCTS MAYBE PRODUCED IN A FACTORY
WHERE NUTS ARE PROCESSED*



	Monday	Tuesday	Wednesday	Thursday	Friday
ALLERGENS WEEK1					
	MAIN = WG	MAIN = WG	MAIN = WG	MAIN = WG,M	MAIN = WG,F,M
		DESSERT = M, E, WG	VEGGIE = WG,S	VEGGIE = WG,M	VEGGIE = WG, S
			DESSERT = M	DESSERT = WG	DESSERT = WG,M,E

ALLERGENS WEEK2	MAIN = WG,M	MAIN = M, N		MAIN = WG	MAIN = WG
	VEGGIE = WG		VEGGIE = E,M	VEGGIE = WG,S	VEGGIE = WG
	DESSERT = M,E	DESSERT = WG,M,E	DESSERT = M		DESSERT = WG,M,E

ALLERGENS WEEK3	MAIN = WG,M	MAIN = WG	MAIN = WG,M,E	MAIN = WG	MAIN = WG
	VEGGIE = WG		VEGGIE = WG,S,E,M	VEGGIE = WG	VEGGIE = WG
	DESSERT = WG,M,E	DESSERT = WG,M,E	DESSERT = WG,M		DESSERT = WG,M,E