

# Revision Support

### Miss Cocks – RSL

### Mrs Lane – AHT









# They are able students.

# We know they are capable of great grades and achieving their goals.

# How can we help you all do this?









### 2. Active revision



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### 3. Memory techniques

# Why encourage your child to revise?



- It reduces panic gives them control
- It can help identify problem areas
- Know strengths
- Achieve better grades!



# Tips and advice...



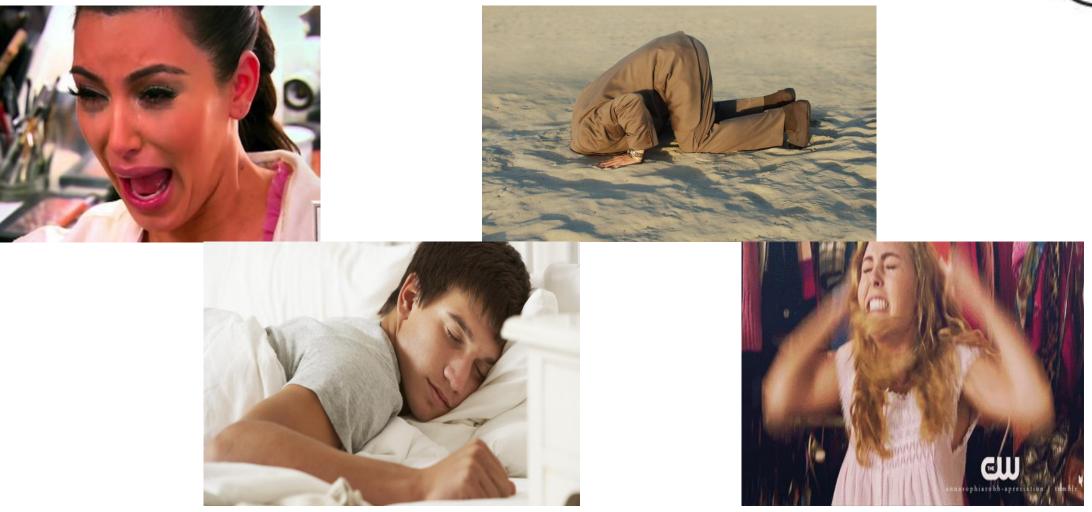
- Be positive about your child's attempts Monitor their progress with work –
- Be patient
- Try not to make it a chore
- Remove mobile phones and devices
- Turn off the TV and take control of consoles
- Little and often is better than a marathon
- Maintain good attendance

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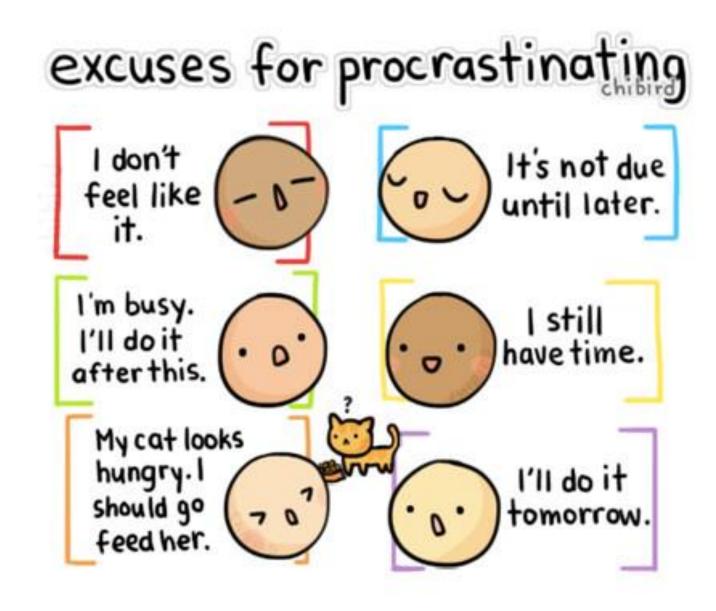
- e.g.deadlines
- Ensure they have a quiet place to study
- Help them plan their revision
- Ask for help from us if unsure
- Negotiate clear boundaries and consequences
- Rewards are good negotiating tools
- Always end with praise!

## The Many Faces of Revision...







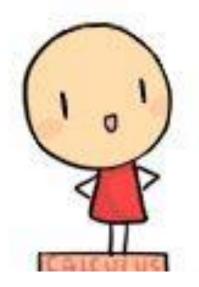








# reasons not to procrastinate



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- saves you from last-minute scrambles
  you won't have to worry about it later
  feeling of accomplishment
- · more efficient use of time

# 1. Preparing to revise ...



- How many weeks until exam ... now just 16 weeks left including holidays
- Priority subjects ... identify weaknesses by looking at recent report
- A revision space is identified ... know when and where a student will be

for revision with minimal distractions





# Create a timetable ...



Weekly Revision Timetable						Name:					
9:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 1:00	1:00 - 3:10	3:10 - 4:30 (Revision / Intervention)	4:30- 5:00	5:00 – 6:00	6:00 <del>-</del> 7:00	7:00 – 8:00	8:00 – 9:00	9:00 - 10:00
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830-9	HIST_RY	MATHS	BISLSGY		BISTER	MATH		MILL
9-9:30								1110

\*\*\*Remember: make sure you give yourself breaks and allow time to relax and do the things your want to do and enjoy doing.





	MON	TUE	WED	THUR	FRI
Weekly Targeted Core		SCI	ENG	MA	
Week A	RE*	MFL	Geography	History	
Week B	3D Art	Sport	Media	Psychology	
	Fine Art	iMedia		Computing	
	Graphics				
	Food				
	DT				



Weekly Revision Timetable

Name:

Day	9:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 1:00	1:00 - 3:10	3:10 - 4:30 (Revision / Intervention)	4:30- 5:00	5:00 – 6:00	6:00 – 7:00	7:00 – 8:00	8:00 – 9:00	9:00 – 10:00
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Friday							GY	PS	Y			
Saturday		SCI	E	N								
Sunday		МА	G	Y					RE		EN	



Colour code subjects

Revision slots 1 hr

Breaks in between

Wellbeing time

Not studying too late

\*\*\*Remember: make sure you give yourself breaks and allow time to relax and do the things your want to do and enjoy doing.



# Start by adding afterschool revision to your own timetable now ...



	MON	TUE	WED	THUR	FRI
Weekly Targeted Core		SCI	ENG	MA	
Week A	RE*	MFL	Geography	History	
Week B	3D Art	Sport	Media	Psychology	
	Fine Art	iMedia		Computing	
	Graphics				
	Food				
	DT				

All Different, All Equal, All Flourishing

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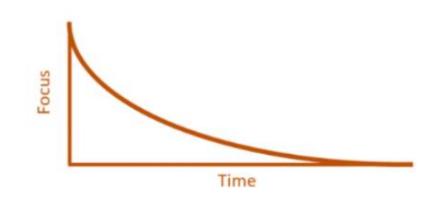
# When Should you Revise?



- When you revise, you should choose a time when find it easiest to focus. This should be a time when you are well-rested, well-fed and when you are used to working.
- If you are trying to revise and feeling like nothing is sticking, walk away and come back later, this is a sign that you need a break or to get in the right mind set.









## **Interleaved Practice**



When you are revising a subject, the temptation is to do it in 'blocks' of topics



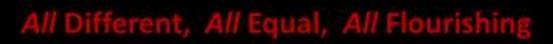


The problem with this is, is that it doesn't support the importance of repetition – which is so important to learning.

So rather than revising in 'topic blocks' it's better to chunk these topics up in your revision programme and **interleave** them



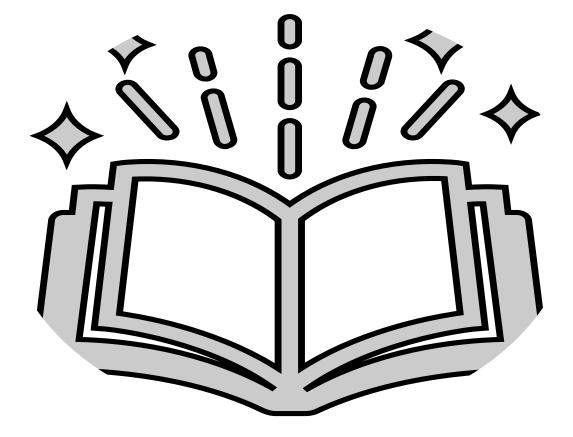
This means that you keep coming back to the topics. So, instead of doing a one-hour block of revision on topic 1, do 15 minutes on topic 1, then 15 minutes on topic 2, then the same for topic 3 and 4. And mix it up!





## 2. Active revision ...







Have you spent hours reading through notes and books until you get bored and <u>nothing goes in</u>?





### Passive revision doesn't work.



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Many students spend a lot of time reading and rereading their notes. The important thing is to 'do things' with your notes, other than just reading them.

### <u>Passive Revision -</u> What most students do

# EXAM Hope knowledge has 'stuck' • enough to answer an exam

enough to answer an exam question and be successful

### Phase 1: Read

- Revision workbook
- Own notes
- Textbook
- Websites e.g. BBC Bitesize

Phase 2: Possibly make revision notes

• Notes made, possibly then highlighted to pick out key details or events

### Phase 1: RAG knowledge

- Red no knowledge learn again maybe try a different technique
- Amber good factual knowledge but can't apply to an exam question
- Green can answer exam questions on this topic confidently

- Exam Practise short / long answer questions
- Quiz yourself (flash cards / quizlet other online quizzes)
- Timed exam practise
- Essay plans for longer questions

### Phase 4: Test yourself

Active revision cycle

### Phase 2: Read



- Own notes
- Textbook
- Websites

Phase 3: Active revision

• PiXL Revisit

- Flashcards
- Mind-maps
- Mnemonics
- Post it note

#### revision

- Look, cover, write, check
- GCSEpod

# PixL Re-visit ...





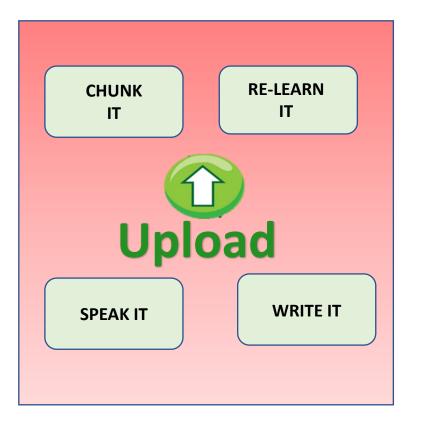


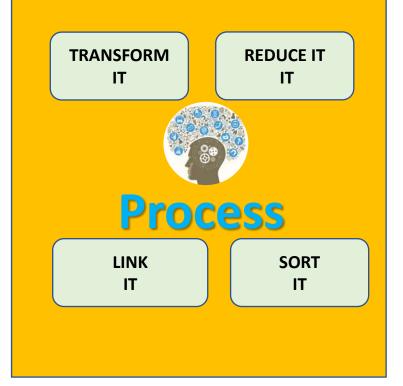




# PixL Re-visit ...



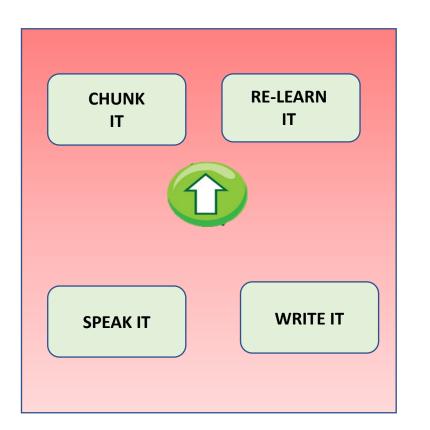








# Example



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#### The carbon footprint and its reduction

The carbon footprint of a product is the total amount of carbon dioxide (and other greenhouse gases) which are emitted over the full life cycle of a product, service or event.

For example, the carbon footprint of a car would include the carbon dioxide emitted by:

- machinery whilst the metal is extracted from the Earth's crust and processed
- power stations which generate the electricity used to manufacture the car
- the car itself when it is driven for many years
- the machinery which is used to dispose of or recycle the car

The carbon footprint of a person during one year would consist of the total amount of carbon dioxide released into the atmosphere by all of the activities they take part in, and the manufacture, use and disposal of all the products and resources they use. For example, a typical young person might:

- use electricity at home, probably generated from fossil fuels, for lighting their room and using electronic devices
- use a gas-powered boiler at home (which produces carbon dioxide) for heating and hot water
- travel to school by bus or car (which probably runs on petrol or diesel)
- eat beef or rice which have been farmed using methods that release methane
- travel abroad once per year on an aeroplane (which produces carbon dioxide)

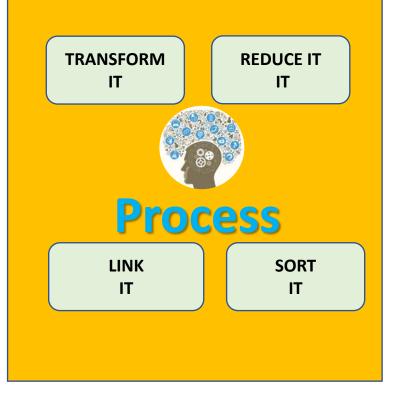




PiXL Revisit: 'Boxing Up' Activity

Name of Topic:	
Name:	
Class:	





Read the text and then put your thoughts in to different boxes so that you have 'boxed up'
the text.

Box 1 – three things I did not know.
Box 2 – three things I understand better now.
Box 3 – three things I already knew.



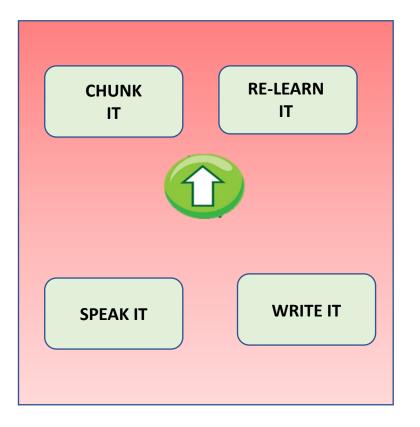




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### Suggest and explain three ways that someone living in the UK could reduce their carbon footprint.

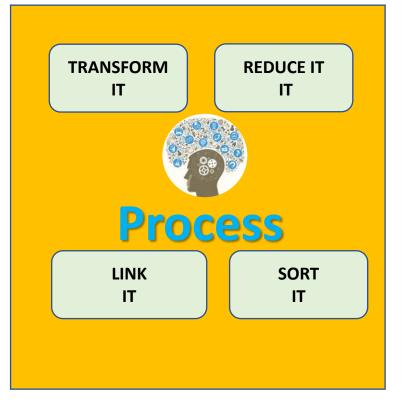




Elephants eat 72 to 158 kilograms of food each day. Baby elephants, called calves, weigh around 90 kilograms at birth. Elephant tusks are made of dentine, calcium and salt. The average lifespan of an elephant is 80 years. Elephants use more than 70 voice signals and 160 visual signals for daily communication. Elephants have the largest brains by mass of all mammals, weighing in at a hefty 10.5 pounds (4.7 kilograms) for an adult



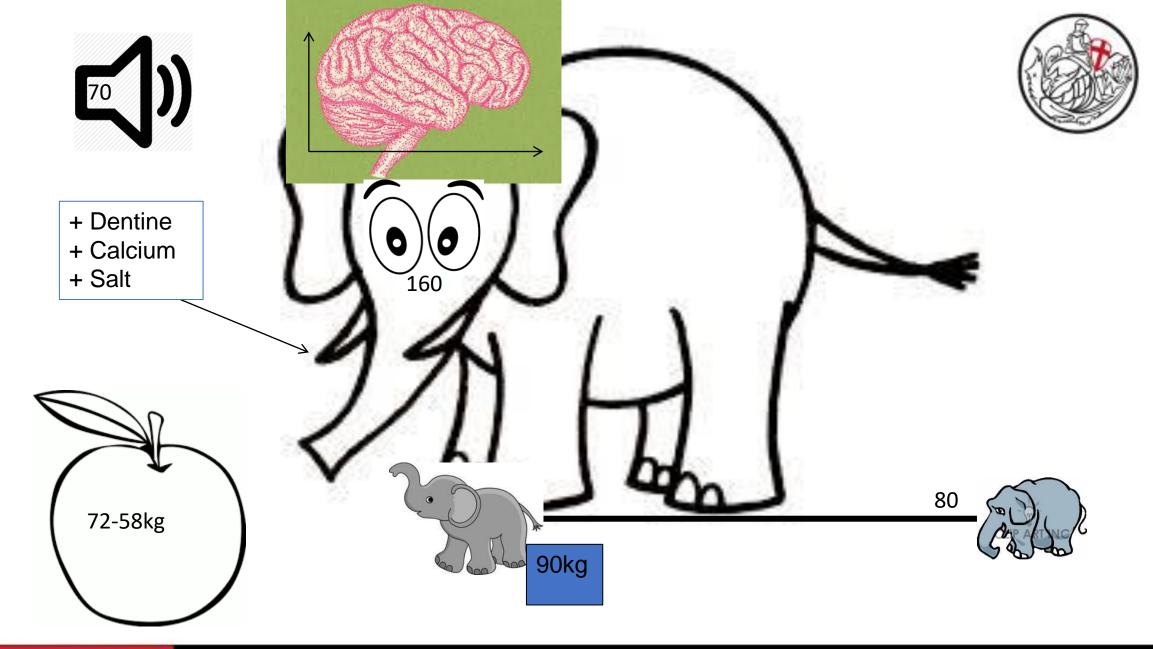




### Transform It – Turn the information in to pictures/diagrams

### You can use a maximum of 5 words

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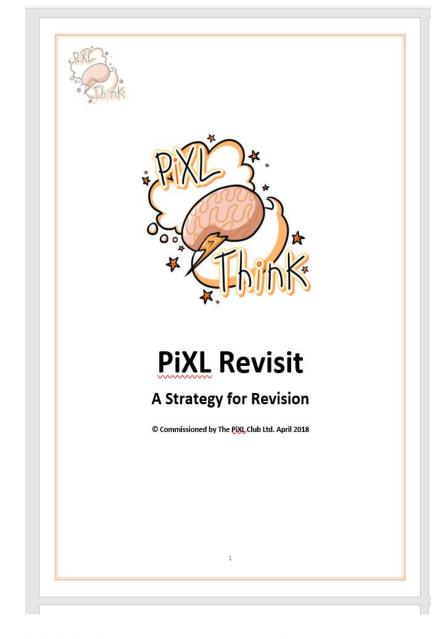


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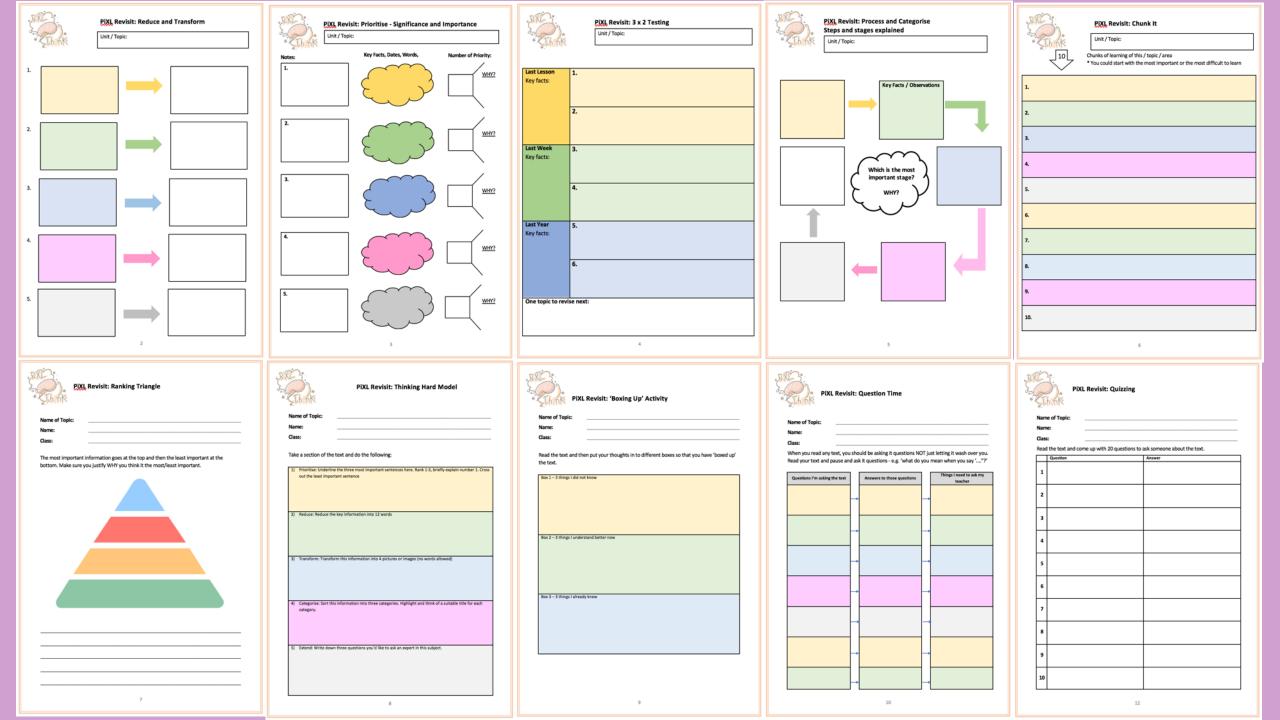
PRIORITISE IT: What are the three most important facts you have learnt about elephants?

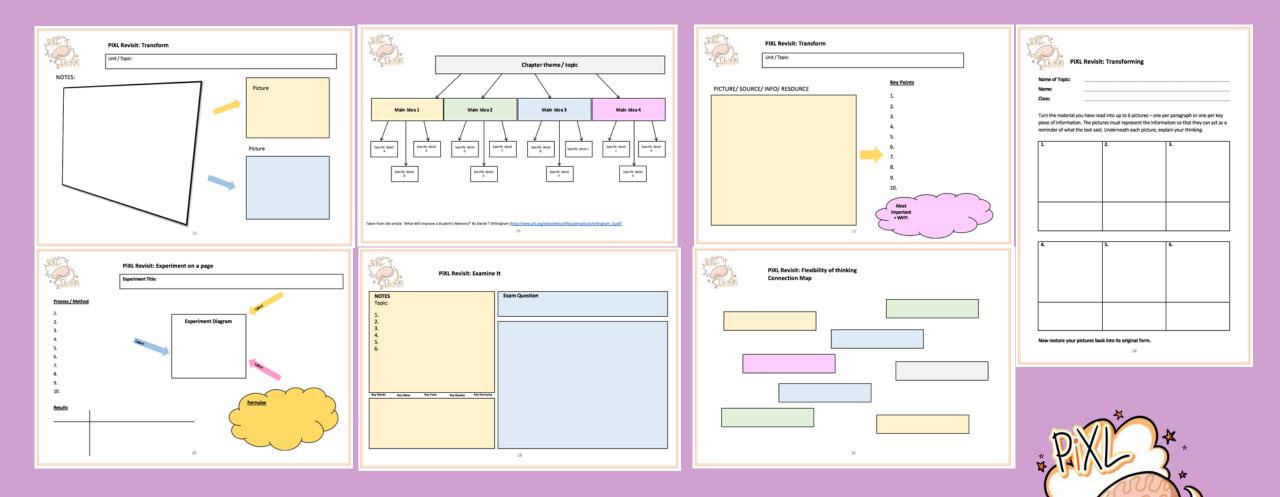




### All of the Revisit Templates are in the PiXL Revisit Handbook



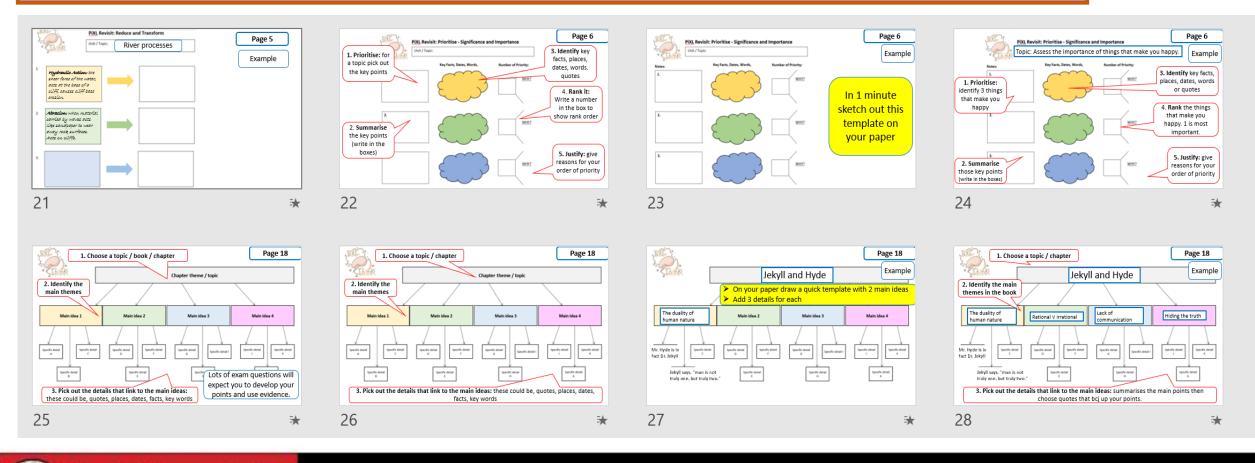




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### An editable resource you can use! An electronic copy is on the Year 11 Teams plus all students have access to the library and £5 a month photocopying



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Create flashcards... then use them!

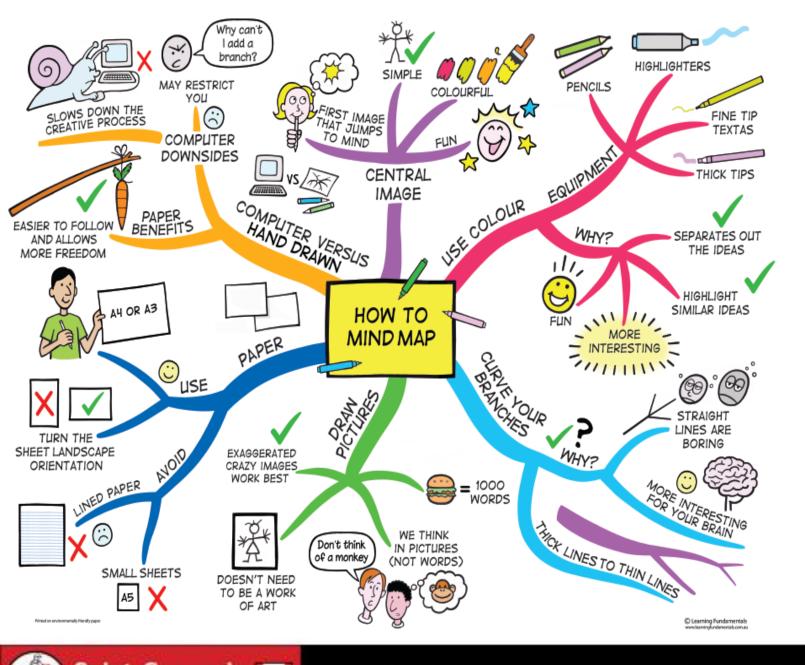
Pick up the first card and read the keywords/phrase. Try to recall as much of the information as you can.

Flip over the card and see if you got the answer(s) right. If you're happy you got the information right, put that card on the 'right' pile.

If you got the information wrong or incomplete, put it on the 'wrong' pile.

Do this for all the cards. When you've gone through all the cards, go back to the 'wrong' pile, and repeat the process.





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Mind-maps let you generate more ideas, identify relationships among the information, and effectively improve your memory.

The use of colours, images, and keywords in mind mapping aids makes it easier to remember information rather than reading long sentences.

Write a question on a post it note and the answer on another post it note.

Stick the question around your room and the answer somewhere else.

Read a question and then take a walk around the room to find the answer.





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in and finally black speech and entries repect the view that working class parents are a interested in their chattern's education. According to Blackstone and to Mortanore (1994), they attend

#### Material deprivation

onlike cultural deprivation theorists, who blame educational failure on the inadequacy of working-class subculture, many other sociologists see material deprivation as the man guse of underachievement. The term material deprivation orters to poverty and a tack of material necessities such as integuate housing and income

reverty is closely linked to educational underachievement.

According to the Department for Education (2012), for example: barely a third of pupils eligible for free school meals (FSM) – a widely used measure of child poverty – achieve five or more GCSEs at A\*-C including English and maths. as against nearly two thirds of other pupils

According to Jan Flaherty (2004), money problems in the family are a significant factor in younger children's non-

Exclusion and truancy are more likely for children from poorer families. Children excluded from school are unlikely to return to mainstream education, while a third of all persistent truants leave school with no

Nearly 90% of "failing' schools are located in

there is a close link between poverty and social class Working-class families are much more likely to have low ncomes or inadequate housing. Factors such as these can affect their children's education in several ways.

Poor housing can affect pupils' achievement both directly and indirectly. For example, overcrowding can have a direct effect by making it harder for the child to study Overcrowding means less room for educational activities,

howhere to do homework, dontarbed deep from draming

For young children expectally, development can be impound through lack of space for sale play and exploration. Summer, living in tempolary thed and break tast, accorrectation may find themselves having to move trequency, resulting to constant changes of school and donumed education

Poor housing can also have indirect effer cheld's health and weithine. For example, b homes run a greater risk of acodents. Colu housing can also cause it health. Families in accommodation suffer more psychological d intections and accidents. Such health problem absences from school

#### Diet and health

Manlyn Howard (2001) note poorer homes have lower intak minerals. Poor nutrition affects here weakening the immune system and energy levels. This may result in more ab due to illness, and difficulties concept

Children from poorer homes are emotional or behavioural prov Wilkinson (1996), among social class, the higher the rate of conduct disorders, all of which are likely effect on the child's education

to Blanden and Stephen Machin (207 from low income families were mo "externalising" behaviour (such as tantrums), which are likely to disrup

#### From these

two pages

in a textbook...



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this may result in being solated stigmated or builded by Pec, for many children, suitable clothes are essential ding to Flaherty, fear of stigmatisation may also help

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Trob Los Aqueres based provide So Los heads \* Rousted in Ridge 2002) A Michael Noble (1995) add that poverty acts earning in other ways, such as inability to afford boling or turbon, and poorer quality local schools. also means that children from low-income ed to work. Ridge found that children in

such as baby sitting, cleaning and this often had a negative impact on

apport to poorer students staying on in education had previously been available through ntenance Allowances (EMAs) was abolished in

usually involves getting into debt to tion fees, books and living expenses. bt may deter working-class students

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saw more costs than benefits in going to university Crucsaty, Callender and Jackson found that attitudes

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increases in fustion fees from 2012, to a maximum of

E9,000 per year, may mean that the increased detribution E9,000 per year, may mean that the understand of the second state to university. For example, according to UCAS (2012) in to university for example number of UK applicants fell by 8.6% in 2012 company

Furthermore, working-class students who do go to Extractional and the second states and the s university are many to receive and interview induces in the second secon their families. A haboral onion of source and source an survey of 3,863 university statements from the highest social class received help from home as against only 43% of those from the lowest class. Fear of against only as a of mose non-support help to explain us

only about 30% of university students come from workers class backgrounds, despite the fact that this group account for about 50% of the population (see also Table 2A). Financial factors also restrict working-class students' choo of university and chances of success. Diane Reay (2005)

found that working-class students were more likely to zero Percentage of young people entering higher education from the most advantaged and the most disadvantaged areas of England From the most advantaged areas From the most disadvantaged areas Source: HEFCE (2010) 1994/5 2009/10

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# brief

**To 5** 

**Post-Its** 

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Percentage of young people entering higher education from the most advantaged and the

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most disadvantaged areas of England

From the most advantaged areas From the most disadvantaged areas

Source: HEFCE (2010)

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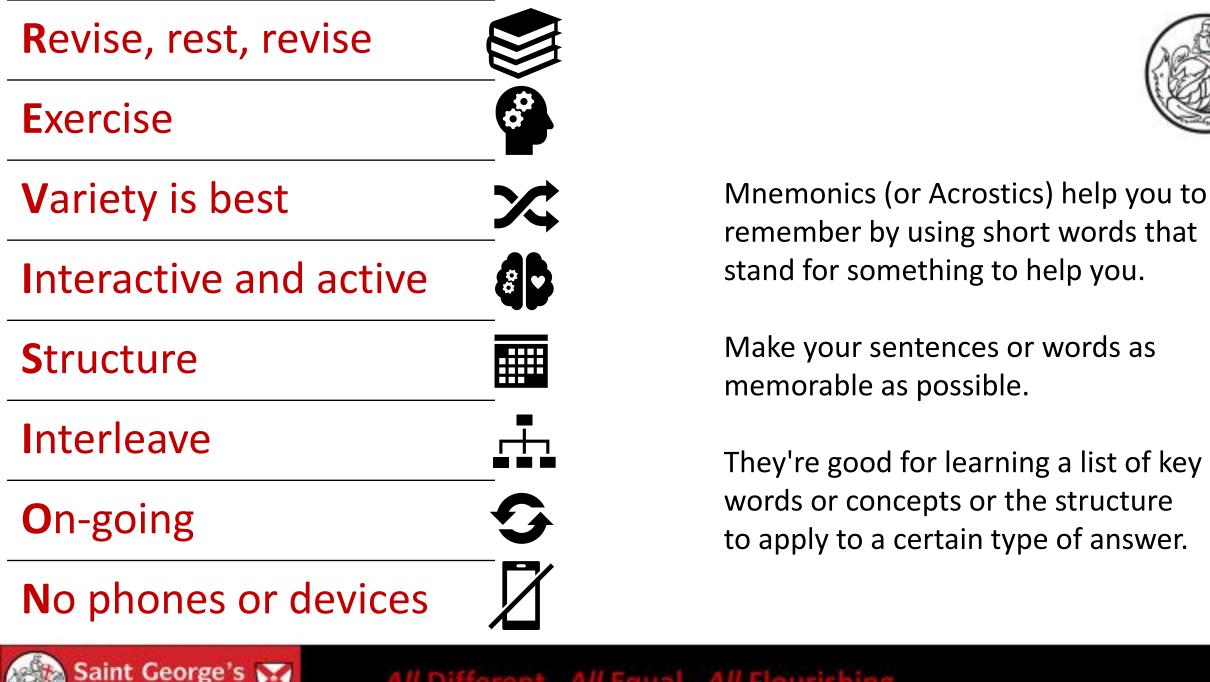
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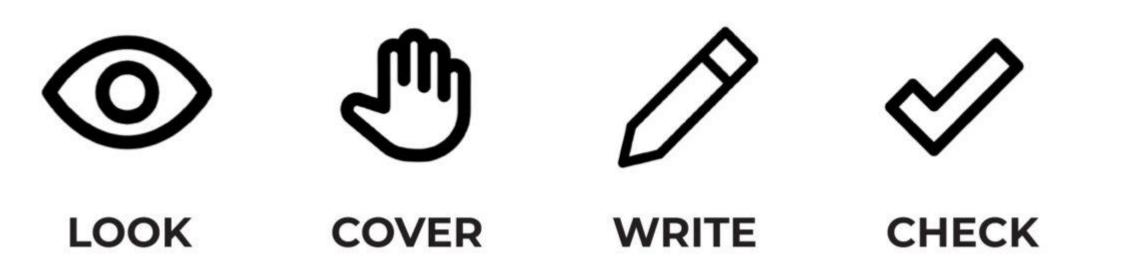
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NAME AND POST OFFICE ADDRESS.







- Look at a specific paragraph of information
- Cover up the information

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- Write out the information from memory
- Check and correct any errors, missing information or spelling mistakes

# GCSEPod

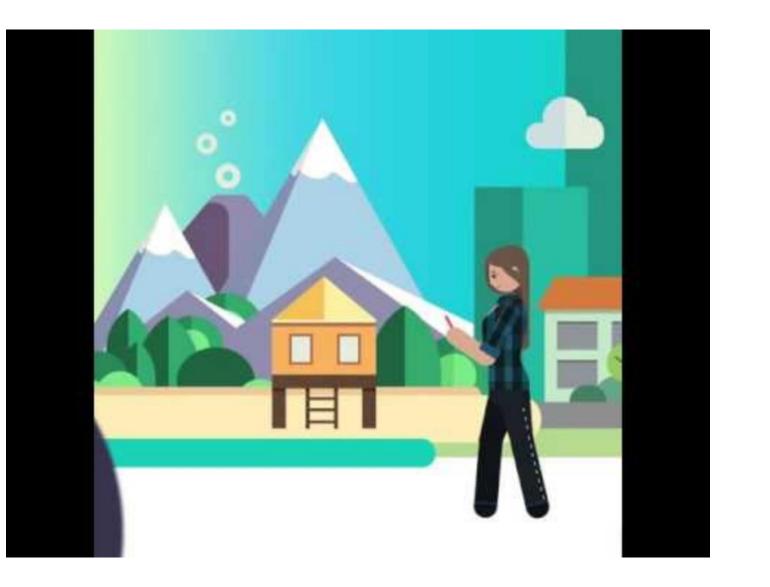
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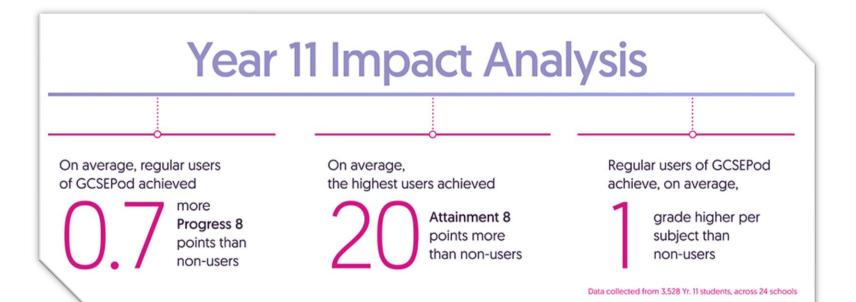


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Data from over **3,500** students shows that higher GCSEPod users are <u>more</u> <u>likely</u> to exceed their predicted grades by a larger margin than those who don't use GCSEPod.







#### How do you access GCSEPod?



<u>OPTION 1</u> – Via any browser on your computer, laptop, tablet or phone.

Just go to https://members.gcsepod.com/login

<u>OPTION 2</u> – Via the Apple and Android apps which are free to download from the apple store and play store.

Just search for 'GCSEPod'







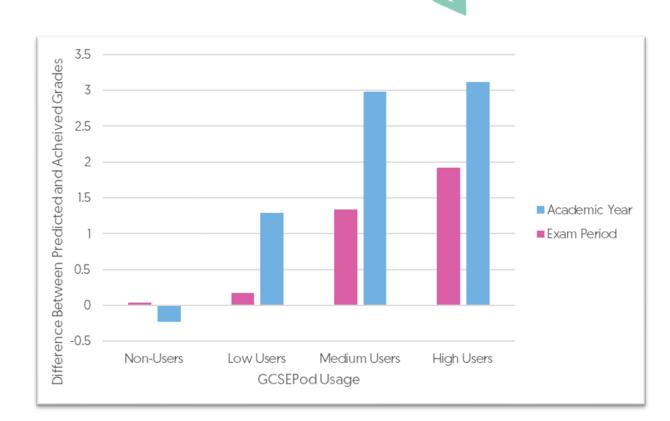
#### Start now and use often -

Just like training for a marathon, you need to start early and train little and often.

Students who used GCSEPod over the WHOLE year, not just during exams, achieved greater results.

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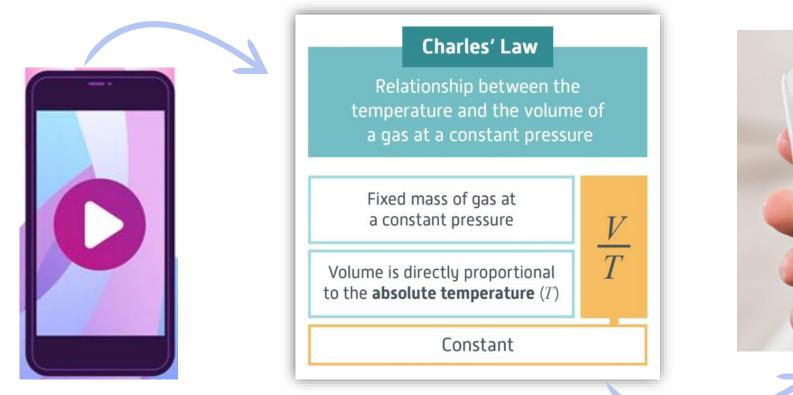
Church of England School



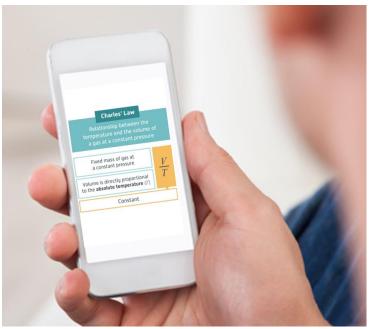


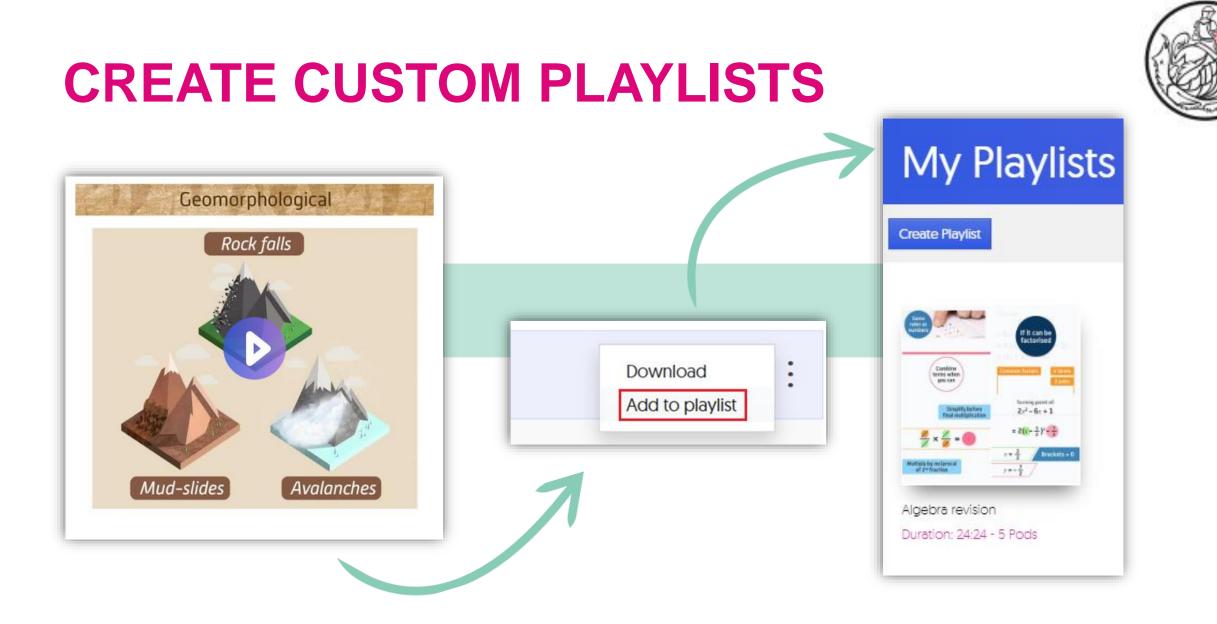


#### **CREATE DIGITAL FLASHCARDS**



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All Different, All Equal, All Flourishing

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#### CHALLENGE YOURSELF









## 3. Memory Techniques ...







## **Remembering to remember**



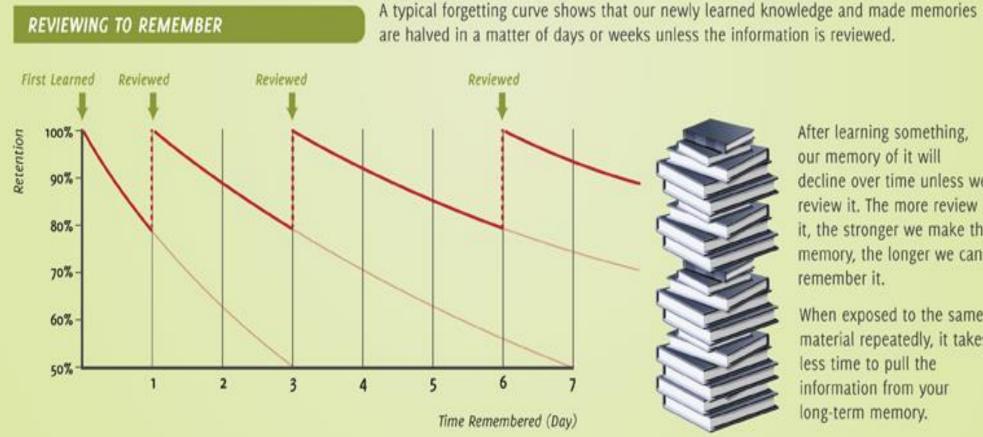
- 1. We remember things if they are <u>special</u> or <u>different</u>.
- 2. We remember things that have happened <u>recently</u>.

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- 3. We remember things that we have done <u>over and over again</u>, or do every day.
- 4. We remember things if there are strong <u>emotions</u> linked.
- 5. We remember things which <u>link</u> to what we <u>already know</u>.

## **Reducing Forgetting!**





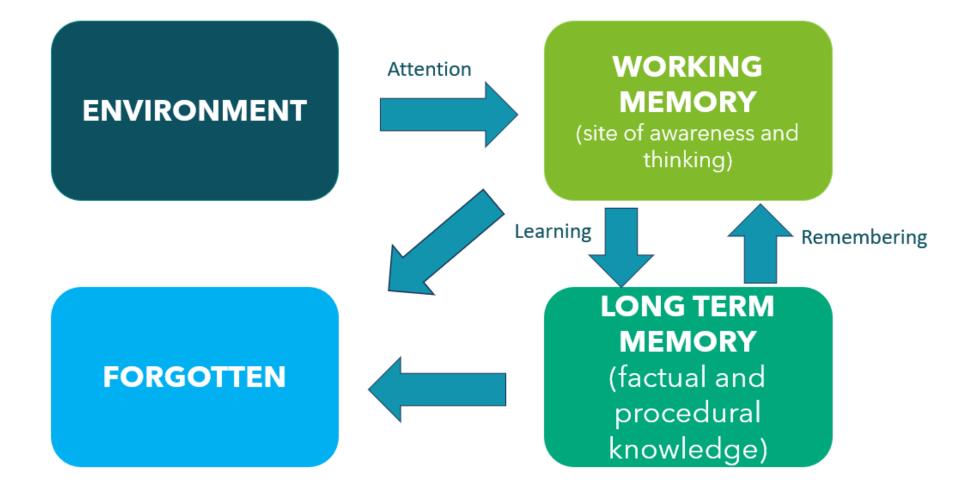
After learning something, our memory of it will decline over time unless we review it. The more review it, the stronger we make the memory, the longer we can remember it.

When exposed to the same material repeatedly, it takes less time to pull the information from your long-term memory.

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#### Simple model of memory (Willingham)

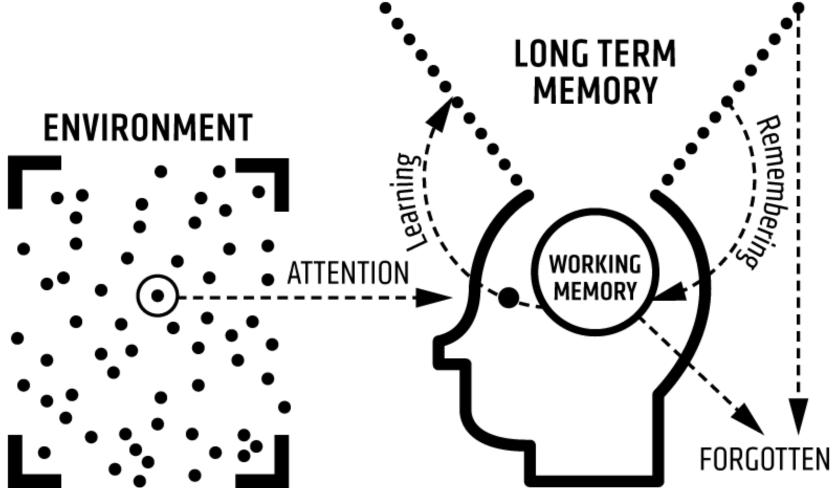










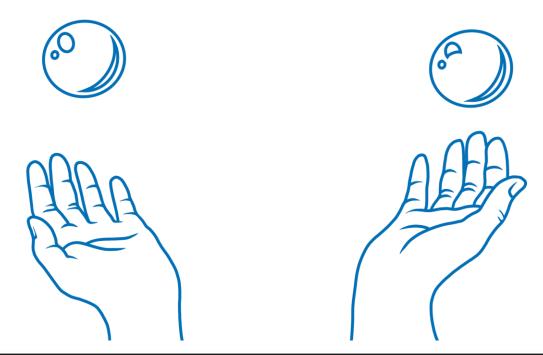














#### Working memory and prior knowledge

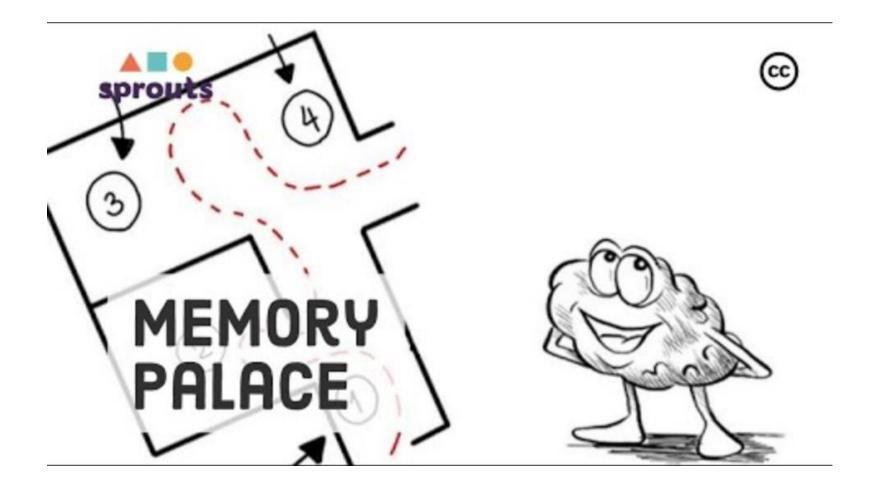


### ZRM QOV FHP MKL BXV

#### SEE SAW MAY DAY FAT CAT



#### Memory Loci Method – A Journey Around your house



https://youtu.be/p9IOqd1LpkA?si=Vffysa2AKO55BsQo



### Final key points ...





# Dealing with exams ... top tips

- When the invigilator utters those magic words...'you may now turn over the page and start' ... keep calm and keep your approach method clear, don't panic.
- Think positively and maintain your focus.



### First few minutes



- Read the instructions and make sure you understand them (e.g. how many questions from how many parts, how many questions in total, do the questions attract the same proportion of the marks?)
- Read the whole paper, checking both sides of the page, so that you don't miss anything
- Plan how you are going to use your time allocate time for each question relating to the number of marks it has. Make a note of this plan and stick to it.



# Selecting priority questions

- Look for questions that relate to those parts of the course that you have revised. Read the questions carefully before you attempt to answer – what exactly is it asking?
- Does the question have more than one part? Make sure that you underline key words in the question – looking for the command words.
- You will get more marks if you prioritise time answering the questions you know first.





# If your mind goes blank

#### • Don't panic

- If you have a plan, you're less likely to go blank in the middle of a question, but should this happen, **go on to the next question** and come back later to the one you were tackling.
- Another way of avoiding these blank moments is to jot down notes whenever ideas come into your head in somewhere else on the examination paper.



#### Last ten minutes



- Keep going to the end, check the clock
- When you have ten minutes left, **read over your answers** and review what you have written, sweep up any silly mistakes
- Make sure you have attempted **all** questions
- Check your details are correct on the front
- If you run out of time, only as a last resort go into note form examiners may credit your plans



## Key Dates and Timings ...

- Just 29 days until the next PPEs ... **only 18 of these are school days** so it is important you are revising at home too
- Only 114 days until the exam season starts ... only 56 of these are school days with lessons

#### TERM 3 PPEs • wb MONDAY 19<sup>th</sup> FEBRUARY 2024

#### OFFICIAL GCSE SEASON STARTS • THURSDAY 9<sup>TH</sup> MAY '24



# Routine is everything!

- Start the routine from NOW!
- Week-nights should be for revision, not going out
- It is not too late!
- You can do it!

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• We are proud of you!



# **Good Luck**



You can only do your very best and if you revise and prepare well you should get the grades you deserve.



# Thank You



Thanks for coming and taking part.

By taking your exam preparation seriously you have taken the first steps to giving yourself the best chance of success.



